

**Benton Franklin
County Medical
Society
28th Annual
CME Seminar**

**Friday, Feb. 24, 2012
1:00-5:15 pm**

**Sat., Feb. 25, 2012
8:00 am-5:00 pm**

**Three Rivers
Convention Ctr.,
7016 Grandridge Blvd.**



Accommodations

Hotel accommodations at a discounted rate can be made by contacting:

Hilton Garden Inn

701 Young St.

Kennewick, WA 99336

Tel. 509-735-4600

(mention you are participating in this seminar)

Directions

From Points West: East on I-82 to Clearwater Avenue, Exit 109. Turn right onto Clearwater Avenue and follow to Columbia Center Boulevard. Turn left on Columbia Center Boulevard and follow to Grandridge Boulevard. Turn right on Grandridge Boulevard and follow until you reach 7016 Grandridge Boulevard.

From Points North and East: South on Highway 395 to Highway 240 (cross the Blue Bridge). Follow Highway 240 to the Columbia Center Boulevard exit. Turn left on Columbia Center Boulevard and follow to Grandridge Boulevard. Turn left on Grandridge Boulevard and follow until you reach 7016 Grandridge Boulevard.

From Points South: West on I-82 to Clearwater Avenue, Exit 109. Turn right on Clearwater Avenue and follow to Columbia Center Boulevard. Turn left on Columbia Center Boulevard and follow to Grandridge Boulevard. Turn right on Grandridge Boulevard and follow until you reach 7016 Grandridge Boulevard.

CME Program

Planning Committee

Donald Dicken MD, Chair

Randall Fong, MD

Larry Jecha MD, MPH

Eli Kaczynski MD

Bing Manawadu MD

Katherine Perry MD

Anjan Sen MD

Margery Swint MD

Nicole Austin

A variety of sponsorship and exhibit opportunities are available.

Please contact Nicole for more information at

582-2866

Faculty

A. Eric Anderson MD, Asst. Clinical Professor of Medicine, U of WA, Division of Nephrology

Soo Borson MD, Professor, Department of Psychiatry and Behavioral Sciences, U of WA, Director, U of WA Medical Center Memory Disorders Clinic

Gary Carr MD, Medical Director, Washington Physicians Health Program

Daniel Lin MD, Chief, Division of Urologic Oncology, Department of Urology, U of WA

Richard Ries MD, Professor of Psychiatry, U of WA

Renu Sinha MD, Rockwood Clinic, Spokane, WA

Eileen Smith MD, Eastern Washington Dermatology, Walla Walla, WA

Sarah Speck MD, Medical Director, Cardiac Rehabilitation and Prevention Services, Swedish Heart and Vascular Institute

Ksenija Stefanovic MD, Director of Medical Urology, Virginia Mason Medical Center, Clinical Assistant Professor of Urology, U of WA

Dace Trence MD, Associate Professor of Medicine, Division of Metabolism, Endocrinology and Nutrition

The Benton Franklin County Medical Society (BFCMS) is accredited by the Washington State Medical Association CME Accreditation Committee to sponsor continuing medical education activities for physicians.

The Benton Franklin County Medical Society designates this educational activity for a maximum of 12 hours in Category I to satisfy the re-licensure requirements of the Washington State Medical Quality Assurance Commission.

The Benton Franklin County Medical Society designates this course for a maximum of 12 *AMA PRA Category 1 Credits*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Objectives

At the end of the activity, the participant should be able to:
Identify clinical symptoms and risk factors of female sexual dysfunction, discuss management and treatment of female sexual dysfunction and determine when referral to a specialist is appropriate

Review the disease process of prostate cancer, discuss the role of the PSA test in screening for prostate cancer and apply the most current screening recommendations in practice

Differentiate between bipolar disorder and depressive disorder, discuss treatment options for patients who don't respond to first line medications in the treatment of depressive disorder

Review diagnostic criteria of anxiety disorders and describe treatment options for anxiety disorders based on severity and placement on the anxiety disorder spectrum

Discuss the differential diagnosis of thyroid nodules, detect and evaluate thyroid nodules and determine when referral to a specialist is appropriate

Optimize medical management of hypertension, implement strategies to increase medication compliance for patients with hypertension

Identify, manage and treat the most commonly reported pediatric dermatologic conditions

Review risk factors for melanoma, perform a screening for melanoma and educate patients regarding prevention of melanoma

Identify risk factors for cardiovascular disease, discuss gender specific symptoms of cardiovascular disease and review treatment and management of cardiovascular disease

Compare and contrast older medications with newer medications for the management of diabetes in terms of effectiveness (short and long term outcomes) and adverse events, review the newest guidelines for the management of type II diabetes

Review the signs and symptoms that may indicate a need for evaluation of dementia, explain the diagnostic criteria for dementia and discuss the treatment and management of dementia

Identify risk factors for physician burnout, implement strategies to prevent physician burnout before it progresses to physician burnout

Schedule of Events

Friday, February 24

12:00-1:00 pm Registration and Exhibits

1:00-2:00 pm Hypertension Control
A. Eric Anderson MD

2:00-3:00 pm Anxiety in Primary Care
Richard Ries MD

3:00-3:15 pm Break and Exhibits

3:15-4:15 pm Prostate Cancer Screening
Daniel Lin MD

4:15-5:15 pm Bipolar Disorder and Depressive Disorder, Richard Ries MD

Saturday, February 25

7:15-8:00 am Registration and Exhibits/
Continental Breakfast

8:00-9:00 am Heart Disease in Women
Sarah Speck MD

9:00-10:00 am Differential Diagnosis of Dementia
Soo Borson MD

10:00-10:15 am Break and Exhibits

10:15-11:15 am Type II Diabetes: Update on Drug Choices, Dace Trence MD

11:15-12:15 pm Female Sexual Dysfunction
Ksenija Stefanovic MD

12:15-12:45 pm Lunch and Exhibits

12:45-1:45 pm Prevention of Physician Burnout
Gary Carr MD

1:45 -2:45 pm Evaluation and Management of Thyroid Nodules, Renu Sinha MD

2:45-3:00 pm Break and Exhibits

3:00-4:00 pm Screening and Early Detection of Melanoma, Eileen Smith MD

4:00-5:00 pm Pediatric Dermatologic Conditions, Eileen Smith MD

You will receive an email one week before the seminar with instructions on how to access the syllabus information. You will also have an opportunity to access the information on-line at the seminar if you bring your lap top.

Registration

Registrations Postmarked Prior to 2/10/2012

Please check one

- BFCMS Member MD/DO \$175.00**
- Non-Member MD/DO \$275.00**
- Allied Health (ARNP, PA, RN) \$125.00**
- Medical Student Free**

Registrations Postmarked After 2/10/2012

Please check one

- BFCMS Member MD/DO \$200.00**
- Non-Member MD/DO \$300.00**
- Allied Health (ARNP, PA, RN) \$150.00**
- Medical Student Free**

\$25.00 will be added to all on-site registrations

Name_____

Circle One: MD DO PA ARNP RN
Other (specify)_____

Address_____

City/State/Zip_____

Daytime Phone_____

Email (for instructions on accessing syllabus)

Make check payable to: BFCMS, PO Box 5998, Kennewick, WA 99336

Credit Card number_____

Exp. Date_____ **Billing zip code**_____

Name on Card_____

Signature_____

Phone: 582-2866 Fax: 582-3318

Refund minus \$25.00 administrative fee before 2/10/2012. No refunds after 2/10/2012.